

Tools For Action

An inventory of nutrition and physical activity interventions in Wisconsin

Program Name
Healthy Eating Active Living (HEAL)

Contact Information

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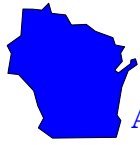
Program Information

Type of Program Coalition
Year Coalition was Formed 2003
Primary program focus Both Physical Activity & Nutrition
Region Northern
County: Marathon county
Coalition Web Site Address None

Program Information

Represented Groups on Coalition Business Community Government Health Care Health Dept Schools UW-EX WIC Other	Represented Professions on Coalition Business Dietitian Educator Health Care Admin Nurse Other
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A Wisconsin Nutrition and Physical Activity Program



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Intervention Name

HEAL Schools (SHI Demonstration Project)

Intervention Information

Type of Intervention:
Physical Activity & Nutrition Event
Focus Area:
General Physical Activity & Nutrition
Intervention Site or Setting:
School
Scope of Intervention:
Individual sites
Target Audience:
All races, genders and ages
Total Population in Area Served:
7 Elementary schools and 1 middle school in the greater Wausau area (2 schools from 4 districts)
Number of Participants:
Approximately 64 persons representing the 8 schools
Implementation Status:
One year demonstration project funded by local foundations

Partners:

The four school districts include two large districts in the "urban" area, one Catholic school district, and one rural school district.

Unique Funding:

Evaluation:

Evidence-Based or Best Practice based on SHI is a CDC assessment tool.

Products Developed or Materials Used:

Intervention Description:

The demonstration project is meant to provide schools with support for evaluating their school using the School Health Index. Our outcome is to have each school implement one program change and one policy change. We also are providing opportunity for the members of the coordinated school health teams to share their experiences and network with others from other schools.